

**Meeting of the Northborough Council on Aging
April 12, 2016 7:00 Senior Center**

The role of the Northborough Council on Aging is to maintain or increase the quality of life for the mature citizens of our community. We do this through support advocacy, planning, coordination, and implementation of programs that bring mature citizens together for social, recreational, and educational purposes. We seek to educate the entire community and enlist its support and participation.

- 1. Call to Order:** A meeting of the Council on Aging of the Town of Northborough was called to order at 7:00 PM by, Adrienne Cost, Chair with the following also present:

Tony Pini, Member	Phylis Muthee Member
Alice Stapelfeld, Member	Muriel Swenor, Friends
Ed Bombard, Member	Kelly Burke, Senior Center Director
Jerry Anderson, Member	

The following were not present: Linda Cragin

- 2. Approval of the Minutes:** The minutes for the March 2016 meeting were approved.

3. Friends' Report

The planning for the road race with Rotary on May 1st continues, some sponsorships have been obtained. The Friends Brickway fundraiser is closing June 1st. The Friends will be selling Travel Mugs for their 25th Anniversary annual meeting. Jerry carefully examined a sample mug and gave it his seal of approval by indicating he will be buying two.

4. Director's Report

Kelly provided updates on new programs. Norm Corbin will be speaking on the White Cliffs on Tuesday, 4/19 at the Senior Center at 6:30 pm. There will be a speaker on Hearing Loss on May 6th at 11:00 am. There will also be a speaker in May on Posture. Gary Hylander will be here on May 24th to do his Gettysburg Address presentation. A new provider, Salmon VNA/Hospice, will hold a Blood Pressure Clinic as well in May. They will also be providing a Blood Pressure clinic at Village Drive and a Wellness Clinic at the Senior Center on the third Tuesday of the month.

The 2st Action Team meeting took place in April for the Come2B Dementia Friendly initiative. Volunteer Leadership has been named and the group is gaining traction. A Community Education Meeting will be held on May 10 at the Senior Center at 6:30 PM before the COA meeting.

5. WRTA Advisory Report

The new executive director, Jonathan Church, is on board. A major focus currently is the new facility on Quinsigamond Ave.

6. Bay Path Report

Jerry reported that Bay Path may break even for the F/Y ending June 2016. The Senior Care Options Program is doing very well. This program allows seniors to stay out of nursing homes via "home care programs". Currently 14 towns participate in the meals-on-wheels program which is doing very well and is currently operating at breakeven.

7. Old Business

The Senior Center is looking for a volunteer(s) to compile statistics regarding overall activity, specifically Visitations. Discussion ensued around how to get everyone to sign in upon visiting the Senior Center.

8. Community Awareness

No report

9. New Business

Adrienne shared an editorial "Planning for the Coming Senior Boom". Discussion ensued on what the Senior Center might do to be more proactive.

Jerry mentioned Facility needs e.g. sun shades for the large community room, light for sign in front of

the building and a maintenance person in general. Discussion ensued.

The meeting was adjourned at 7:58 pm.

Tony Pini for Linda Cragin, Secretary